

# Behaviour support plan

## Student's current situation:

- Age
- Grade
- Home
- Friendships
- Care situation
- Food
- Sleep

## Student's relevant history – what we know:

- Exposure to Violence
- Homelessness
- Parental mental health or attachment
- Care situation
- Previous living situations
- Other

## Evidence based impacts of these previous experiences

Our trauma informed knowledge tells us ...

## Behaviour/physical presentation – what we see:

- Hyper vigilance
- Hyper/hypo arousal
- Violence
- Proximity seeking
- Shunning others
- Agitation
- Can't be still

## Strengths

- Kind
- Helpful
- Good at maths

## Known triggers (before or during tricky behaviour)

- Transitions
- CRTs
- Specialist subjects

- Behaviour of others (teasing, chasing)

## **Self-soothing**

- Constant movement
- Screen
- Hiding

**Anything we know that works?**

**Anything we want to try?**

**School's safe space/safe people**

**Pre-emptive and 'in the moment' approaches**

**If this happens ...**

**We will try ...**