Behaviour support plan

Student’s current situation:

- Age
- Grade
- Home
- Friendships
- Care situation
- Food
- Sleep

Student’s relevant history – what we know:

- Exposure to Violence
- Homelessness
- Parental mental health or attachment
- Care situation
- Previous living situations
- Other

Evidence based impacts of these previous experiences

Our trauma informed knowledge tells us ...

Behaviour/physical presentation – what we see:

- Hyper vigilance
- Hyper/hypo arousal
- Violence
- Proximity seeking
- Shunning others
- Agitation
- Can’t be still

Strengths

- Kind
- Helpful
- Good at maths

Known triggers (before or during tricky behaviour)

- Transitions
- CRTs
- Specialist subjects
• Behaviour of others (teasing, chasing)

Self-soothing

• Constant movement
• Screen
• Hiding

Anything we know that works?

Anything we want to try?

School’s safe space/safe people

Pre-emptive and ‘in the moment’ approaches

If this happens ...

We will try ...